

## WHEN THE TRIPLET COMES TOGETHER TO PRAY

- » Catch up on how lost friends are going
- » Read and reflect on the Bible together (eg. half or whole chapter each time)
- » Pray for each other (work, family, etc.) and relationships with lost friends
- » Pray for each others lost friends (their family, etc.) and that they be saved
- » Confirm when you will next meet to pray
- » Plan an evangelistic event with your church or another prayer triplet

My triplet friends \_\_\_\_\_

Their friends \_\_\_\_\_

My friends \_\_\_\_\_

## HOW TO KEEP PRAYING BETWEEN MEETING TIMES

- » Pray for triplet and friends daily or several times a week
- » Pray for triplet members in their relationship and witness to lost friends
- » Pray for each others non-Christian friends that God will rescue them
- » Phone triplet friends between meetings for news, prayer and encouragement
- » Think, pray and act - do something each week to build on your relationship and witness to your lost friends

## EXISTING GROUPS AND PRAYER TRIPLETS

- » Too busy for another group and another meeting time? Why not form some prayer triplets within your existing small group, study group or ministry team? Then you can create a prayer triplet without 'going to another meeting!'
- » How? Say there are eleven people in your small group
  - » Form three triplets and a pair, or two quads and a triplet
  - » Spend the first twenty minutes of your time together doing 'Prayer Triplet' praying, then move into your Bible study as a whole group

## MAKE THE MOST OF YOUR TIME

- » Plan to spend half an hour or an hour together
- » Divide your time roughly into thirds
  - » A third to catch up with each other
  - » A third to read and reflect on the Bible
  - » A third to pray with each other

## SOME FINAL TIPS

- » Do be faithful ... and don't be a gossip
- » Do be punctual ... and don't fritter away time
- » Do be a good listener ... and don't do all the talking
- » Do encourage each other ... and don't forget a midweek call
- » Do be flexible... and don't let obstacles beat you
- » Do persevere ... and don't let anything stop you praying

Written by Rev. David Mansfield  
Produced by Evangelism Ministries

PO Box Q190  
QVB Post Office NSW 1230  
[www.evangelismministries.org.au](http://www.evangelismministries.org.au)

Further copies available by phoning 02 9265 1582

# PRAYER triplets

## HOW TO FORM AND BELONG TO AN EVANGELISTIC PRAYER TEAM

**"Pray to the Lord of the  
harvest to send out  
labourers into  
His harvest field"**

*Matthew 9:38*



**“My heart’s desire and prayer to God for them is that they may be saved”**

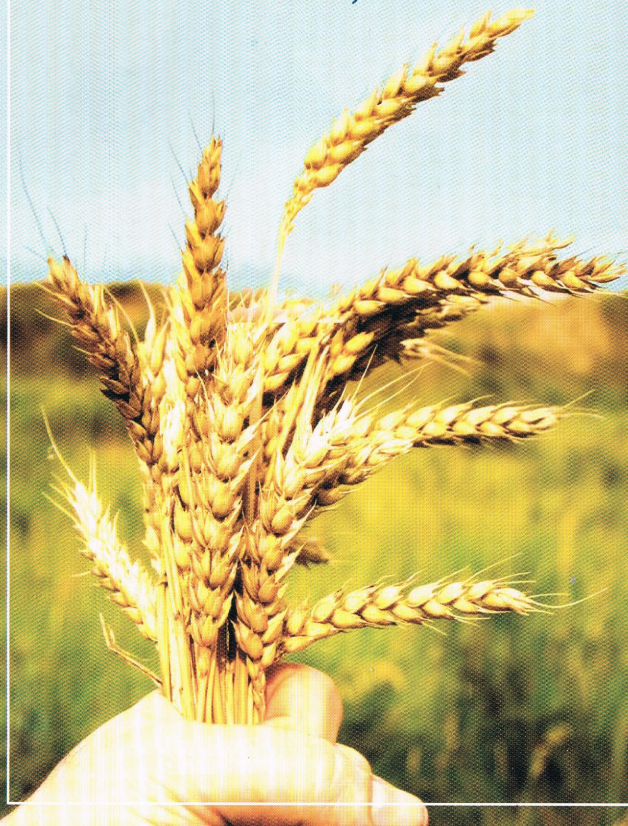
*Romans 10:1*

**“Devote yourselves to prayer, keeping alert in it with thanksgiving”**

*Colossians 4:2*

**“First of all then, I urge that prayers and petitions and thanksgiving be made for everyone”**

*1 Timothy 2:1*



## **THE CALL TO PRAYER**

*First of all I urge then that prayers and thanksgivings be made for everyone, for leaders and governments so that we may lead quiet and peaceful lives with godliness and respect. This is right and acceptable in the sight of God our Saviour who desires everyone to be saved and to come to the knowledge of the truth. 1 Timothy 2:1-3*

- » We are urged to pray for everyone, including people in authority.
- » Stability and peace in society means that we can more easily devote ourselves to godly, gospel focused activity.
- » God’s great passion is that people turn back to him and receive eternal life.

## **THE STRENGTH OF FRIENDS**

*Two are better than one, because they have a good return for their work: If one falls down, his friend can help him up. But pity the man who falls down and has no one to help him up! Also, if two lie together, they will keep warm. But how can one keep warm alone? Though one may be overpowered, two can defend themselves. A cord of three strands is not easily broken. Ecclesiastes 4:9-12*

- » We are reminded of the value of good friends, in work, marriage and adversity - in all challenges of life.
- » This help, support and encouragement is never more relevant than in our prayer lives and as we give ourselves consistently to the work of prayer and evangelism.

## **WHAT IS A PRAYER TRIPLET?**

- » Three Christian friends
  - › Joining together weekly
  - › To read the Bible
  - › To pray for each other and for each other’s lost friends

## **WHY WEEKLY?**

- » Frequent enough for momentum and encouragement.
- » If less than weekly, and you miss a meeting, it’s a month before you meet again.
- » Be flexible
  - › If you can only meet fortnightly – do it!
  - › Re-schedule a meeting rather than cancelling it

## **WHY THREE?**

- » Large enough for encouragement
- » Small enough for management
- » Be flexible
  - › It is ideal to be a ‘triplet’ but if there are only two make a start, or if there are four don’t leave one out.
  - › Aim to pray for three lost friends each, but if you only have one or two, start up; if you want to pray for four, go for it!
- » We recommend that ‘triplets’ or ‘pairs’ be of the same sex. Prayer quads could be two married couples.

## **WHAT TO PRAY FOR?**

- » Your ‘triplet’ friends
  - › Their personal circumstances (family, work, etc)
  - › Their growth in Christ and bold witness
  - › Their relationship with their lost friends
- » Each others lost friends
  - › To understand the Gospel and be convicted of sin
  - › That they will turn to acknowledge Jesus as Lord
  - › That they will trust Jesus for God’s forgiveness
  - › That their family members will be rescued also
  - › That the Lord will use others to evangelise them too
  - › For quality evangelistic events to invite friends to

## **SOME SUGGESTED PRAYERS**

- » Loving Father, please be with \_\_\_\_\_ (your triplet friends) as they relate to their friends and seek to introduce them to Jesus. Please help them to build strong relationships of trust and love. Please give them many opportunities and boldness to speak about the Lord Jesus.
- » Heavenly Father, please save \_\_\_\_\_ (the name of lost friends). May your Spirit convict them of their rebellion against you and cause them to turn to Jesus and trust in Him for mercy and forgiveness. Please rescue them from hell and make them your children, safe in your family and kingdom forever.